COACHING'S ON THE RISE:

HOW TO ENSURE MAXIMUM IMPACT IN YOUR ORGANIZATION

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Today's Facilitators



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We believe in creating meaningful workplaces where everyone can achieve their fullest potential.



LEADERSHIP DEVELOPMENT

- Custom Leadership Development Programs
- Workshops and Facilitation
- Competencies Development
- Leadership Development Strategy

TEAM EFFECTIVENESS

• Custom Team Programs—Retreats, Training, Assessments

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- Team Development
- New Leader Assimilation



COACHING

- Individual Coaching
- Team/Group Coaching
- Coaching Skills Training
- Outsourced Coaching Partner

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Today's Agenda

- 1 Current trends and top uses for coaching
- 2 Ways you can leverage coaching inside and outside development programs

3 Critical considerations that can help you maximize the impact



Current Trends & Top Uses for Coaching

Ice Breaker: What word would you use to describe what coaching is?

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Coaching Defined

partnering with individuals in a **process** that inspires them to maximize their personal and professional potential

provides support to enhance the skills, resources, and creativity that the client already has



International Coach Federation (ICF)

Trend 1:

Coaching is most effective mode, yet least used

Modality	Use	Effectiveness
Instructor-led classroom	3.40	3.79
eLearning modules	2.78	3.23
Informal peer-to-peer learning	2.59	3.56
On-the-job exercises	2.58	3.71
Coaching/mentoring	2.48	3.88

2016-17 Brandon Hall Group Training Benchmarking Survey

Trend 2: Coaching has a unique function

often requires preparation for unfamiliar and uncomfortable responsibilities

necessitates understanding and then **practicing to handle scenarios** and situations

FlashPoint.

Society for Human Resource Management: Developing the Next Generation of Leaders: Trends and Truths About the Future of Leadership Development, Ian Ziskin, President, EXec EXcel Group, LLC, 2016

Poll #2: Does your organization use coaching as part of your leadership development offerings?

- Yes, for executive level only
- Yes, for other leader levels
- Not currently, but we have in the past
- No, we have never used it

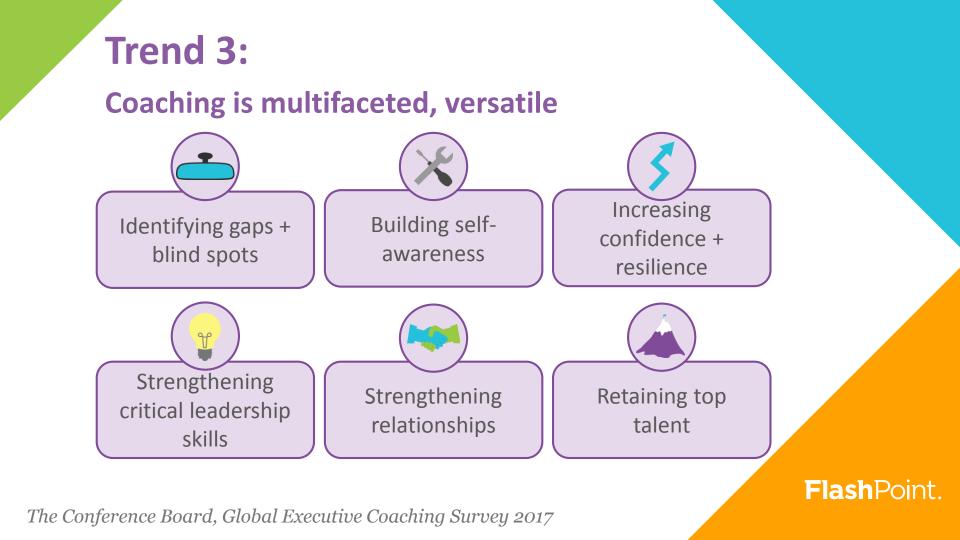


Trend 3: Coaching is multifaceted, versatile



build capabilities in current roles

The Conference Board, Global Executive Coaching Survey 2017



Trend 4:

Coaching is personal, customizable by situation

<u>Top 5 topics most frequently covered in coaching</u> <u>engagements:</u>

82% Leading teams + people development
74% executive presence + influencing skills
45% strategic thinking + vision
42% relationship management
32% communication/presentation skills

The Conference Board, Global Executive Coaching Survey 2017

Trend 5:

Coaching is impactful, change-focused

Top 5 goals for coaching engagements:

- 57% stakeholder management
 - 54% executive presence
 - 36% effective communication
- **31%** team development + effectiveness
- **27%** EQ + self-awareness

The Conference Board, Global Executive Coaching Survey 2017

Trend 5:

Coaching is impactful, change-focused

Impact of coaching on FlashPoint clients:







90%

"I improved my skills within the area(s) of focus."

"I believe others have noticed positive changes in me as a result of the coaching I received." "The coaching engagement was a valuable development opportunity for me." "I would recommend this process to a colleague or friend."

FlashPoint.



Ways You Can Leverage Coaching

Ways to Leverage Coaching



Poll #3: How is your organization leveraging coaching?

- 1. Stand-alone coaching
- 2. Group and team coaching (e.g. new leader assimilation, action learning projects, etc.)
- 3. Coaching skill development or certification for leaders
- 4. Outsourced provider of coaching model
- 5. Coaching within a broader development program



Coaching Within a Broader Program

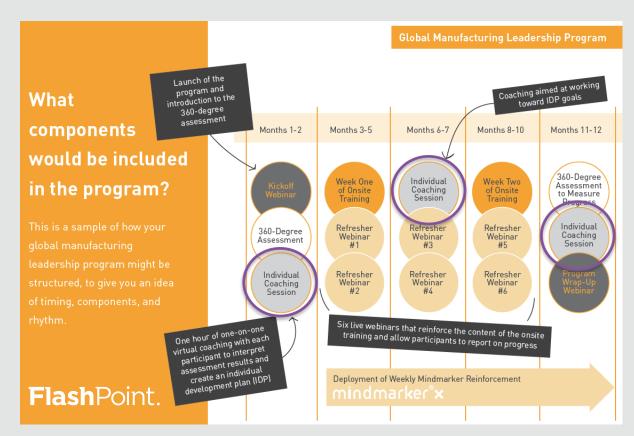
Benefits of including coaching:

- Results in faster and sustained outcomes
- Supports learning retention/behavior change
- Provides real-time feedback on application
 - Focuses attention on development plans
 - Offers support on unique challenges

Drives accountability

Helps connect the dots

Coaching Within a Broader Program



Group Coaching

Benefits of group coaching:

Allows participants to explore issues, generate ideas, and share resources with others

Enhances the leaders' network

Breaks down silos

Lets leaders learn from others

Allows leaders a chance to lead

Is efficient and has built-in accountability

Group Coaching



Outsourced Provider of Coaching

Benefits of centralized, outsourced process:

One *common approach/process* across all participants and coaches

Saves the organization time and energy recruiting and managing a diverse group of coaches Aggregate **data reporting on outcomes** from all participants across a development time period

Outsourced firm gains

institutional knowledge over time that adds value to participants

Outsourced Provider of Coaching

Benefits of centralized, outsourced process:



Critical Considerations to Maximize Impact

Or, what makes a participant successful in a coaching engagement?

What makes a participant successful in coaching?

#1 Highly Motivated to Change

#2 Good Chemistry with the Coach

#3 Strong Commitment from the Top

Source: David B. Peterson, "Does Your Coach Give You Value for Your Money?," in Harvard Business Review Research Report: The Realities of Executive Coaching (Boston: Harvard Business School Publishing, 2009)

#1 Highly Motivated to Change

- Ensuring coaching is the correct intervention
- Framing and focusing the coaching engagement
- Involving the participant in selecting the coach
- Stressing desired growth/behavior
- Showing how the participant will be supported in the process
- Providing self-awareness through assessments



#2 Good Chemistry with the Coach

- Involving participants in selecting their coach; providing options
- Working with highly qualified and experienced coaches (credible, authentic, certified, committed, passionate)
- Clear confidentiality parameters for all players
- Focused roles and agreements between the coach and participant

#3 Strong Commitment from the Top

- Involving the boss in the kick-off and periodic check-ins (set goals and provide feedback)
- Ensuring the one-up doesn't use the coach as a surrogate manager
- Clearly defining what success looks like (show evaluations of coach and coachee up front)
- Providing tools to support coaching focus areas (assessments, coaching action plans, and access to other training offerings)



UPCOMING EVENTS

• November 28, 2018

The Leadership Challenge[®] Workshop,
 Facilitator Training, and LPI Coach Training
 o November 5-9, 2018 in Scottsdale, AZ

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